

Criteria for Certification as a Clean Facilitator - LEVEL I

Version 1.8

NOTE: Where 'client' is used, please read 'client or exemplar' as appropriate.

A clean facilitator can consistently and appropriately:

1. Clean Language

Facilitate verbally and nonverbally with Clean Language:

- a. Use the basic clean questions.
- b. Ask specialised clean questions compatible with the logic of the client's information.
- c. Utilise a range of client information: sensory, conceptual, metaphoric and nonverbal.
- d. Ask questions with a curious yet neutral tonality and match vocal qualities when using the client's key words.
- e. Vary vocal qualities to suit the situation and how the client is responding.
- f. Gesture and gaze to the location of symbols in the *client's* metaphor landscape.
- g. Vary the syntax by making use of 1-, 2- and 3-part syntax, and when/as.
- h. Recap and invite the client's attention to return or relate to information from earlier in the session.
- i. Start and finish cleanly (including starting from a drawing).

2. Metaphor

Identify and utilise clients' verbal and nonverbal metaphors:

- a. Utilise the client's explicit and implicit metaphors.
- b. Facilitate the client to translate their sensory, conceptual and nonverbal expressions into metaphor.
- c. Work in ways that are congruent with the nature of the client's metaphors.

3. Modelling

Facilitate clients to *self-model*:

- a. Ask questions based on the client's model updated with each new piece of information.
- b. Direct attention in a way that takes into account the purpose of the session and the client's current desired outcome.
- c. Develop a resource metaphor landscape by identifying locating and establishing a configuration of symbols and the relationships between them.
- d. Encourage and maintain the psychoactivity of a client's metaphor landscape.
- e. Identify simple sequences.

4. Change-work

Facilitate clients in their own change process to:

- a. Identify a desired outcome.
- b. Develop a desired outcome landscape.
- c. Explore the effects of their desired outcome.
- d. Identify, develop and make use of resources.
- e. Identify and mature changes as they occur.
- f. As required, identify conditions necessary for change.
- g. Acknowledge problems without dwelling on them.

5. Clean Space

Facilitate clients using a basic Clean Space process:

- a. Start cleanly.
- b. Locate new spaces.
- c. Facilitate knowing from each new space.
- d. Return to existing spaces.
- e. Facilitate knowing across/between multiple spaces (relating spaces).
- f. Adapt the process to suit how the client is responding.
- g. Finish cleanly.

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