

Four Fundamental Flows

History

Back in 2007 when I was modelling David's processes, he was exploring with clients how they were responding to their perceptions and understandings of their issue and their psychoactive landscape. This exploration can be observed in the 'Influences (Force Majeure)' section of Self-Alignment, where the client who has previously been working on exploring their Project (something that they want to work towards and achieve) now begins to explore how they interrelate to it.

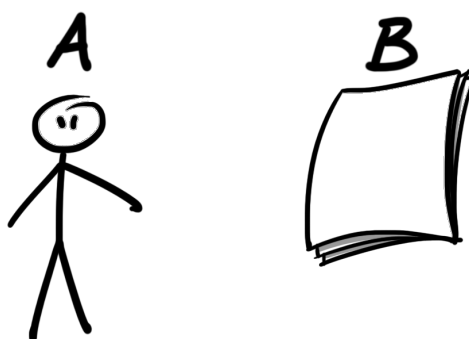
It should be noted here that David was moving away from a pure Clean facilitation with his process, as his approach was utilising some generalised spatial metaphors based upon goal orientation.

Here David was utilising the basic motion constructs of *move away* and *move towards*:

1. "And what (internal / external) influences move you away from this project?"
2. "And what (internal / external) influences move you towards this project?"
3. "And what (internal / external) influences stop you moving away from this project?"
4. "And what (internal / external) influences stop you moving towards this project?"

The internal influences were explored first, then the external.

With respect to the above set of questions, we can visually represent this utilising the A to F model. As usual the client is at A and what they are working on is at B (in this instance their Project).



The Client and their Project

Internal

1. Something within A moves them away from B
2. Something within A moves them towards B
3. Something within A stops them moving away from B
4. Something within A stops them moving towards B

External

1. Something outside A moves them away from B
2. Something outside A moves them towards B
3. Something outside A stops them moving away from B

4. Something outside A stops them moving towards B

This dissection and exploration of influences has proven both useful and informative over the years, though through multiple usage of these questions I had always felt aspects were missing from the exploration, so over the last few years I've focused on the further development of this area.